

Helen Troum Nursery and Kindergarten at Temple
Beth Sholom

40-25 Fair Lawn Ave, Fair Lawn, NJ 07410

201 797-2865 dlesnoyTBS@yahoo.com

School Lunch Program for 2017-18

Monday:

Macaroni and cheese

Fish Sticks

Cucumber slices with dressings

Soup of the day

Fresh Fruit



Tuesday:

Meatballs with couscous or rice

Baby carrots with dressings

Soup of the day

Fresh Fruit



Wednesday:

Pizza with Fresh Fruit and Veggies



Thursday:

BBQ chicken drumsticks

Corn

Soup of the day

Fresh Fruit



Friday:

Baked Ziti layered with chopped broccoli

Tomato wedges with dressings

Soup of the day

Fresh Fruit



To order lunch for your child, please fill out form below:

Monday: Macaroni and cheese
Fish Sticks
Cucumber slices with dressings
Soup of the day
Fresh Fruit



Tuesday: Meatballs with couscous or rice
Baby carrots with dressings
Soup of the day
Fresh Fruit



Wednesday: Pizza with Fresh Fruit and Veggies



Thursday: BBQ chicken drumsticks
Corn
Soup of the day
Fresh Fruit



Friday: Baked Ziti layered with chopped broccoli
Tomato wedges with dressings
Soup of the day
Fresh Fruit



Cost

1 Lunch per week: \$160/year

2 lunches per week: \$320/year

3 lunches per week: \$480/year

4 lunches per week: \$640/year

5 lunches per week: \$800/year

Please submit payment of 1/2 the yearly fee by September 15, 2017. The second payment will be due on Jan 2, 2018

Name of child _____